

## 2. What to wear and what to bring

This will depend on the season of your visit, the particular park and park site(s) you intend to visit and the purpose of the fieldwork, but the following lists serve as a guide.

### Student list

- Sturdy shoes. (Don't wear thongs or sandals)
- Suitable clothing for the weather conditions. This should include a wind and waterproof coat even if the weather looks fine. In cooler months bring hats and gloves.
- Sun hat and sunscreen.
- Insect repellent.
- Food and drink for the day.
- Camera and binoculars if you have them.
- Backpack for carrying the above.
- Fieldwork sheets, clipboard, pens and pencils.

### Group list

- First-aid kit.
- Field guides (resources to identify plants or animals noted).
- Materials needed for activities (for example, light meter, pH meter).
- Camera and binoculars.
- Video-camera.
- Compass.
- Rubbish bags. (Most parks have a policy of no rubbish bins).
- Insect repellent.
- Additional copies of fieldwork and teachers notes.

